Urban Farming at Gordon Neighbourhood House

**GNH Aim**
Increase food accessibility & promote community food security while encouraging healthy, clean, nutritious, diverse, & affordable food for all community members

**Why Urban Farming?**

By 2030[3]

- 56% Low income
- 60% City Dwellers
- 20% Undernourished

**Global studies suggest...**
Urban farms could create self-sufficiency at the community or city level[3]

**Findings**

**GNH Feedback**
- Research was well-selected & relevant
- Crop plan & schedule are ready-to-use for April

**Our Objectives**
Improve farm management through...
1. Crop planning
2. Soil, water & pest control research
3. Seasonal task schedule for 2019

**GNH Farm Sites**
- 3 Locations
- 21 Crops

**Farm Harvests’ Supply...**
- Community Lunch Program
- Gordon Greens Mobile Produce Market
- Community Food Hub

**Literature Review**
- 11 crop specific nutrient articles
- 3 water conservation articles
- 1 pest & disease control article

**Research Methods**
**Feedback**
Expertise & assessment from GNH farmers

**Site Visits**
- Mulched cover crops
- Repaired 15 low-tunnel hoops
- Weeded & watered

**Seasonal Task Schedule**
- Based on Vancouver’s climate & site-specific challenges
- Highlights planting & harvesting timelines, fertilization preferences & pest control methods

**Next Steps...**
- Implement scheduled tasks
- Monitor & document farm conditions
- Use collected data to plan future growing seasons

**Sources**

**Community Food Security is...**
*a situation in which all community residents obtain a safe, culturally acceptable, nutritionally adequate diet through a sustainable food system that maximizes community self-reliance and social justice*[2]

**2019 Crop Plan**
- Spring, summer & fall
- Based on light availability, companion planting, & appropriate crop rotation
- Plans met GNH requirements and recommendations

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