

# Urban Farming at Gordon Neighbourhood House

## GNH Aim

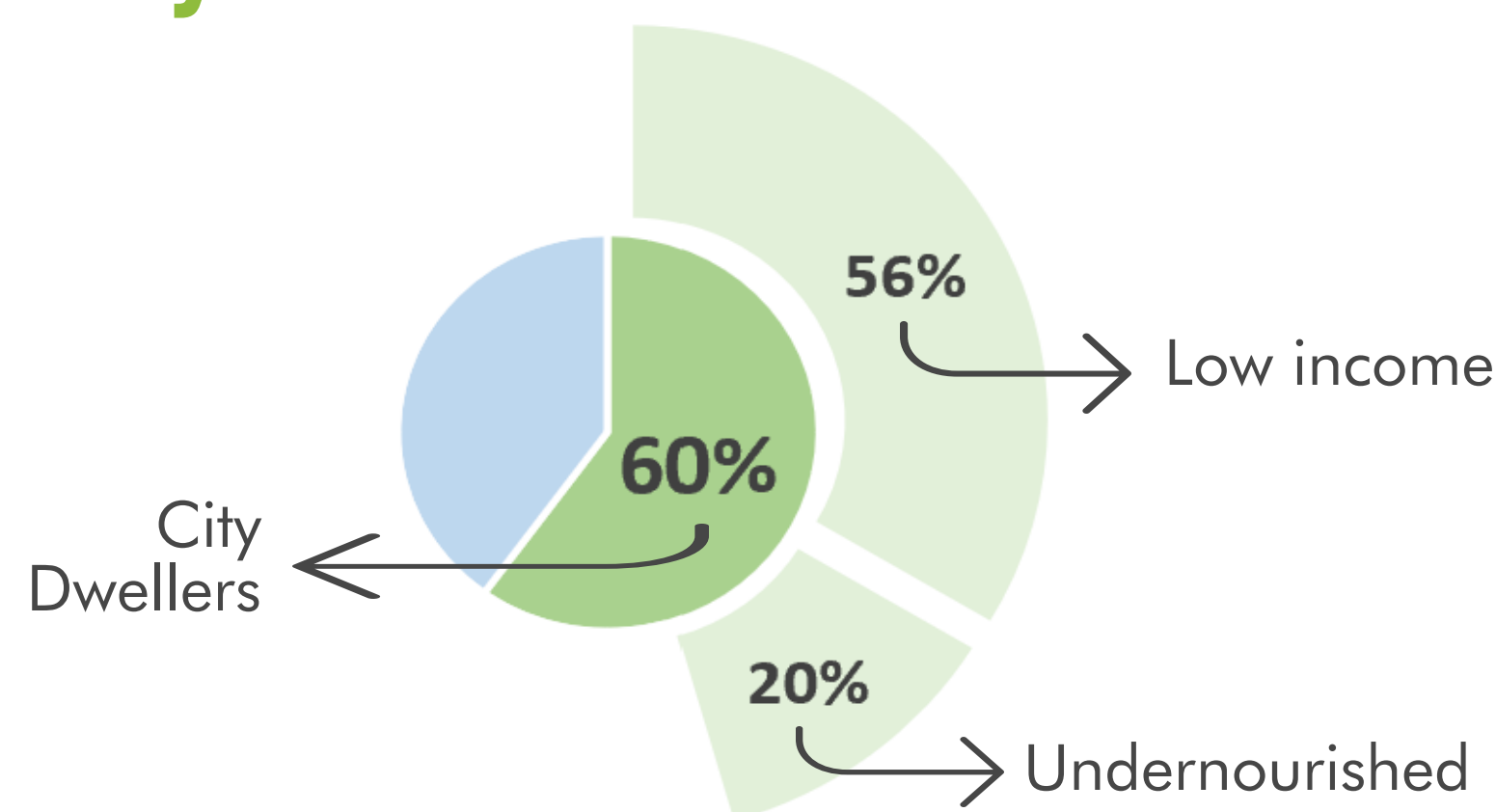
Increase food accessibility  
& promote community  
food security while  
encouraging healthy,  
clean, nutritious, diverse,  
& affordable food for all  
community members

## Community Food Security is...

"a situation in which all  
community residents obtain a  
safe, culturally acceptable,  
nutritionally adequate diet  
through a sustainable food  
system that maximizes community  
self-reliance and social justice"[2]

## Why Urban Farming?

By 2030<sup>[3]</sup>



## Global studies suggest...

Urban farms could create self-sufficiency  
at the community or city level<sup>[3]</sup>

## Our Objectives

Improve farm management through...

- 1 Crop planning
- 2 Soil, water & pest control research
- 3 Seasonal task schedule for 2019

## GNH Farm Sites

- 3 Locations
- 21 Crops

## Farm Harvests' Supply...

- Community Lunch Program
- Gordon Greens Mobile Produce Market
- Community Food Hub



## Literature Review

- 11 crop specific nutrient articles
- 3 water conservation articles
- 1 pest & disease control article

## Research Methods

## Feedback

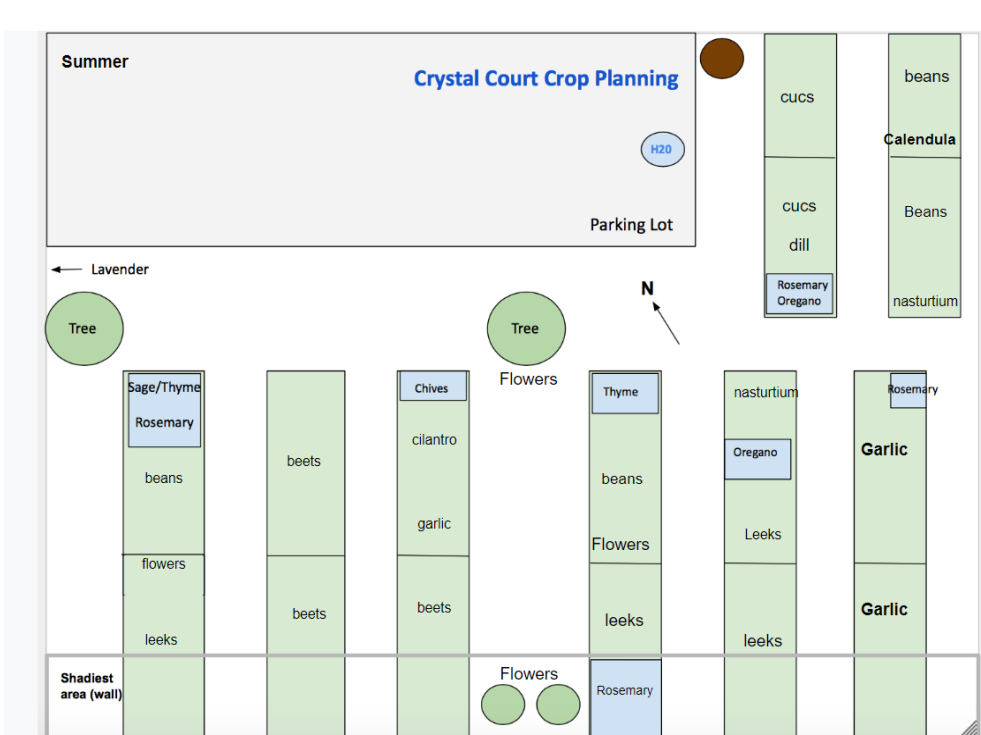
Expertise & assessment  
from GNH farmers

## Site Visits

- Mulched cover crops
- Repaired 15 low-tunnel hoops
- Weeded & watered

## 2019 Crop Plan

- Spring, summer & fall
- Based on light availability,  
companion planting,  
& appropriate crop rotation



- Plans met GNH requirements  
and recommendations

## Findings

## GNH Feedback

- Research was well-selected  
& relevant
- Crop plan & schedule  
are ready-to-use for April

## Seasonal Task Schedule

- Based on Vancouver's climate  
& site-specific challenges

June 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

- Highlights planting & harvesting  
timelines, fertilization preferences  
& pest control methods

## Next Steps...

- Implement scheduled tasks
- Monitor & document farm conditions
- Use collected data to plan future growing seasons