What is Food Insecurity?
A state of being without reliable access to a sufficient quantity of affordable, nutritious food.

Barriers to Food Access In Vancouver
- A survey of 5 organizations

Little Mountain
Neighbourhood House

Background
Established in 1978 by committed volunteers and staff members to identify and respond to a spectrum of local, regional and national issues.

Goals
Tackle food insecurity & enhance community engagement

Food Programs
- Riley Park Community Garden
- Produce Library
- Community Kitchen
- Food Asset Map

Barriers to Food Security

- Income vs expenses
- Transportation
- Lack of access to technology
- Housing & Infrastructure
- Language & cultural Differences
- Self-worth
- Health & Mobility
- Capability to host food programs
- Incongruent information between organizations
- Income inequality
- Capacity and focus of organizers
- Limited access to programs/accurate info

The 5 Organizations
- Riley Park Fieldhouse Residency
- City Heights Housing
- Hillcrest CC*
- Kensington CC*
- Mount Pleasant CC*

Why Do We Care?
"The problem of food insecurity is far greater and more complex than most Canadians realize"

Resources