

Farm 2 Family

@ Ray-Cam Cooperative in Vancouver's Downtown Eastside



Did you know?

Community Food Security:

A situation in which all community residents obtain a safe, culturally acceptable, nutritionally adequate diet through a sustainable food system that maximizes self-reliance and social justice (1)





Ray-Cam Cooperative

Ray-Cam is the only non-profit Community Centre in Vancouver, and feeds 200 children multiple meals per day on a limited budget (2)



To facilitate the donation of fresh foods to low income and food insecure households at Ray-Cam Coop

Nutritious Produce

Farm2Family brings farmers' excess produce to Ray-Cam Cooperative to provide community members with access to more nutritious foods.





Nutrition Limitations

Those who rely on charitable food programs are often at risk for food insecurity and poor nutrition, since these programs have limitations in meeting nutritional needs. (3)



Our Approach



Vendor Outreach

Email outreach materials to 68 BC farms and food vendors



Community Conversations

Discussing methods of distributing fresh produce and gauging interest in workshops

Our Results



Initiating Partnerships

List of 6 farmers/vendors interested in donating fresh produce



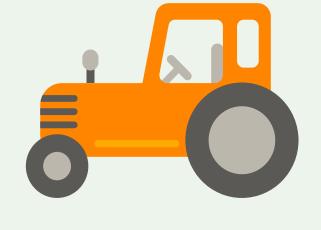
Preferences for "No-cost Food Store" Summary of 10 community conversations indicating the need for and interest in the no-cost food store

What's Next?

Transportation

at Ray-Cam

Coordinate methods of transporting food from farms and vendors to Ray-Cam



Opening No-Cost Food Store

Coordinating logistics and what's possible for the No-Cost Food Store



(1) M.W. Hamm, A.C. BellowsCommunity food security and nutrition educators J Nutr Educ Behav, 35 (2003), pp. 37-43

(2) C Rahmberg, personal communication, January 16, 2019

⁽³⁾ Christiana Miewald & Aleck Ostry (2014) A Warm Meal and a Bed: Intersections of Housing and Food Security in Vancouver's Downtown Eastside, Housing Studies, 29:6, 709-729, DOI: 10.1080/02673037.2014.920769