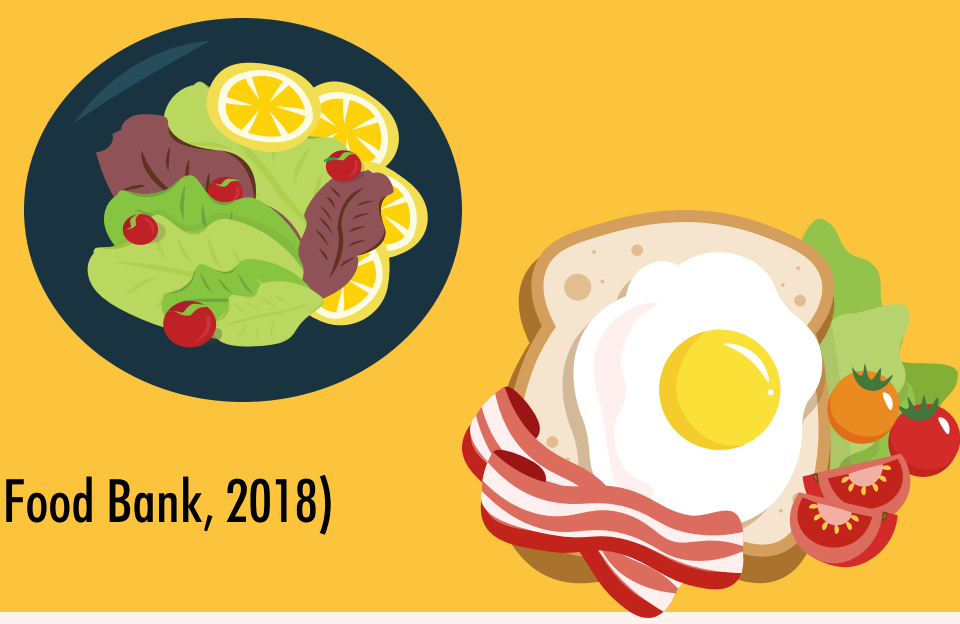


PERISHABLE FOOD SURVEY IN RICHMOND FOOD BANK

Richmond Food Bank provides food assistance to Richmond residents in need. They aim to solve food insecurity issues in local communities through programs like grocery distribution. (Richmond Food Bank, 2018)



General Demographics of Food bank users in Canada

- 49% of the clients are women (HungerCount, 2016).
- $\geq 50\%$ of clients are temporary users, mostly suffering through a crisis.
- 1/6 clients have income from current or recent employment (HungerCount, 2014)
- Most participants are in a single-member household (HungerCount, 2014 & 2015).

Objectives for conducting the surveys

- There is limited clients' feedback on perishable food at RFB.
- Perishable foods are highlighted in past LFS 350 survey.
- Provides insights and information for future LFS 350 students.

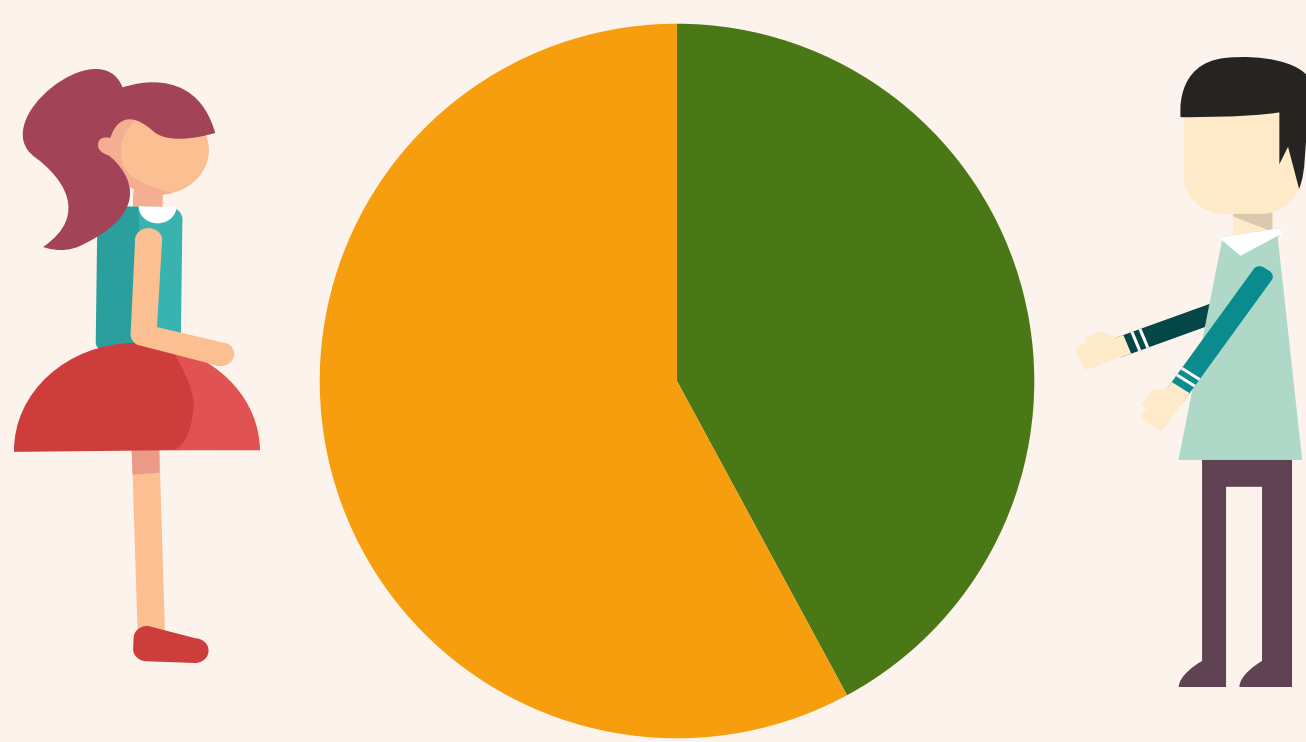
What are we assessing?

- Quantity and quality of perishable food supply.
- Quantity is described by portion size when conducting the survey.
- Quality is assessed by freshness and culturally appropriate foods.

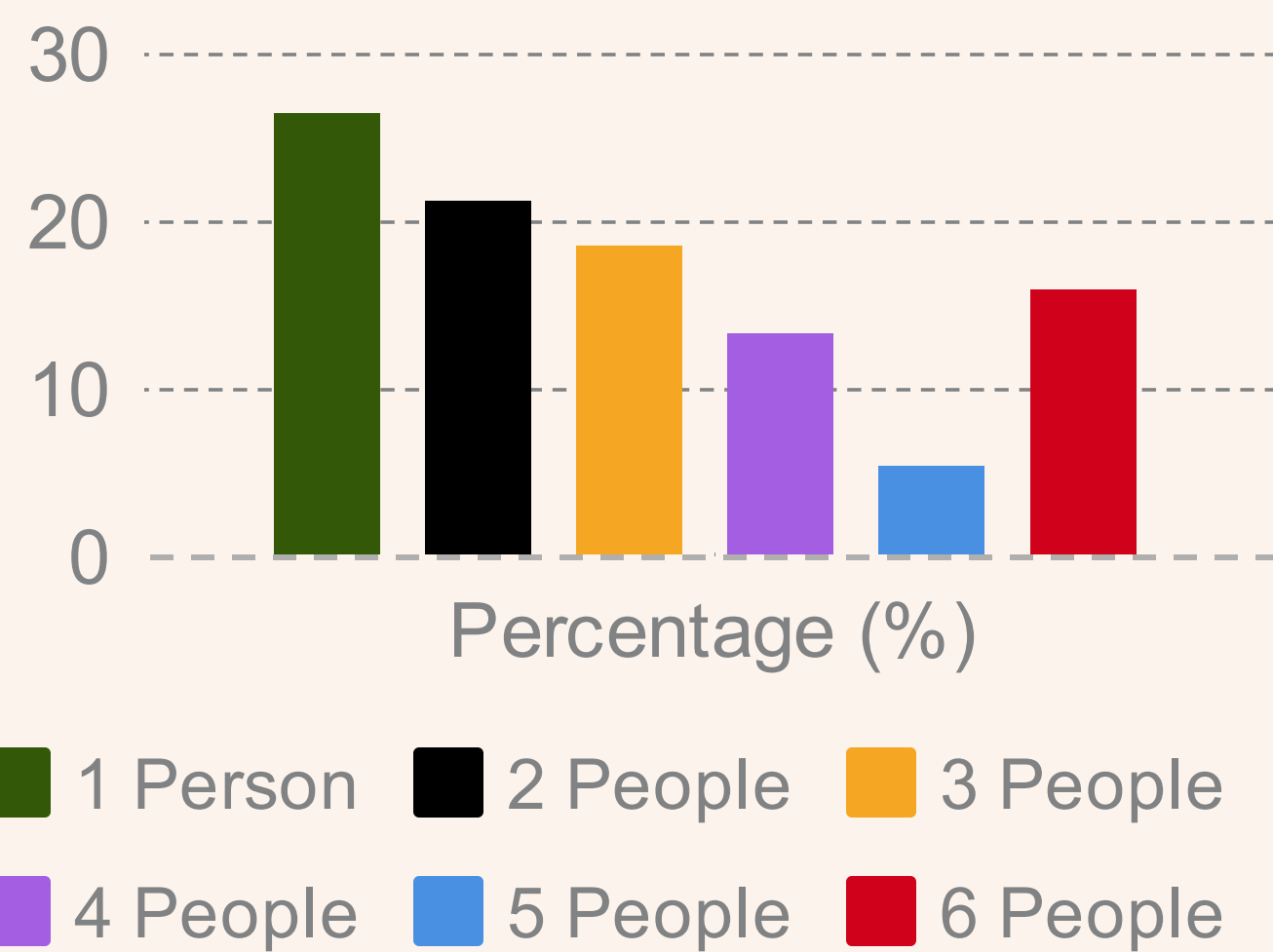
Where does the survey take place?

- Richmond Food Bank main office
- Peace Mennonite Church

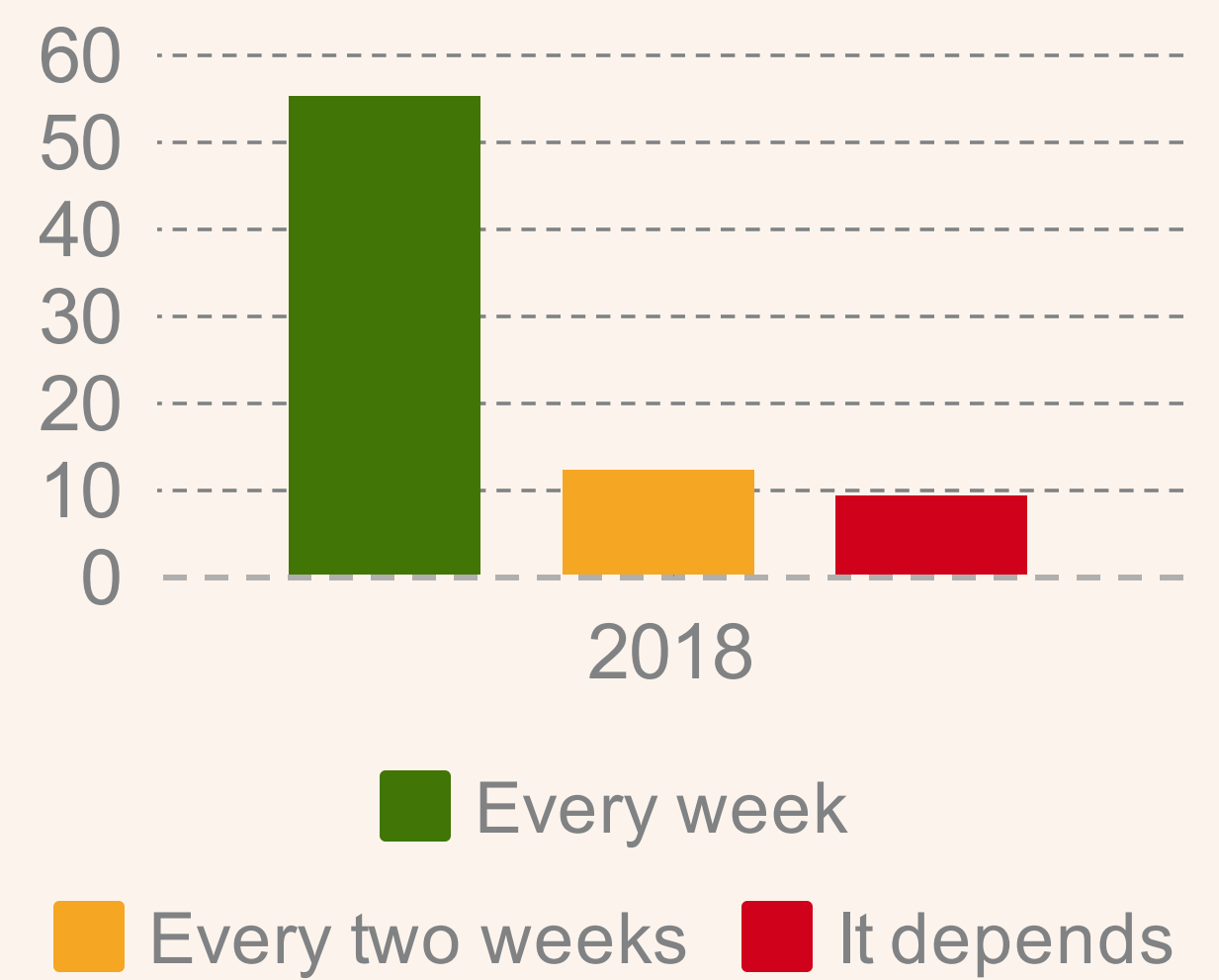
Number of people surveyed



Number of people in the household of survey participants



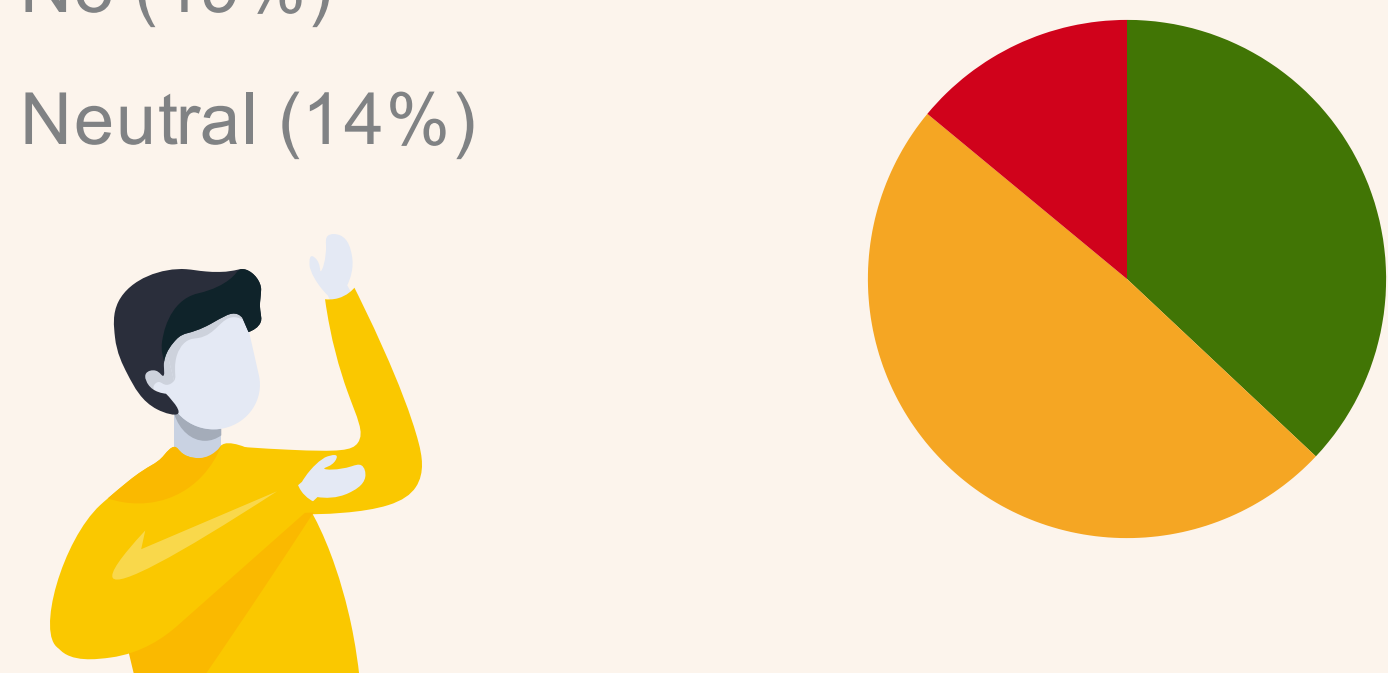
How often did participants come to the food bank?



"The best case scenario in most food banks is that a family would obtain **five** days' worth of food, once per month" (HungerCount, 2014).

Do participants receive culturally appropriate foods?

- Yes (37%)
- No (49%)
- Neutral (14%)

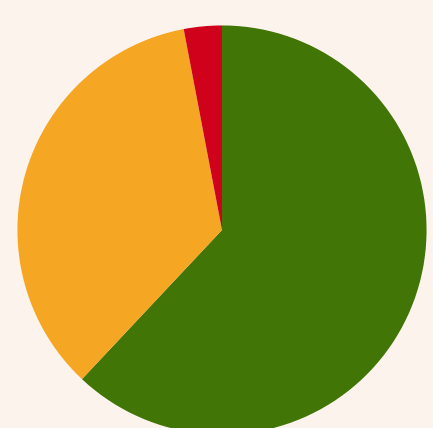


Why are culturally appropriate foods important at RFB?

In Richmond, 76.3% of the population are from ethnic minority groups, it is the highest of any municipality in BC, and the second highest in Canada. (Census profile, 2016)

Is the food bank the only source of food for participants?

- No (62%)
- Yes (35%)
- No Answer (3%)



Many have reported purchase of foods from supermarkets using their own expense.

Clients' satisfaction to perishable food quantity & quality

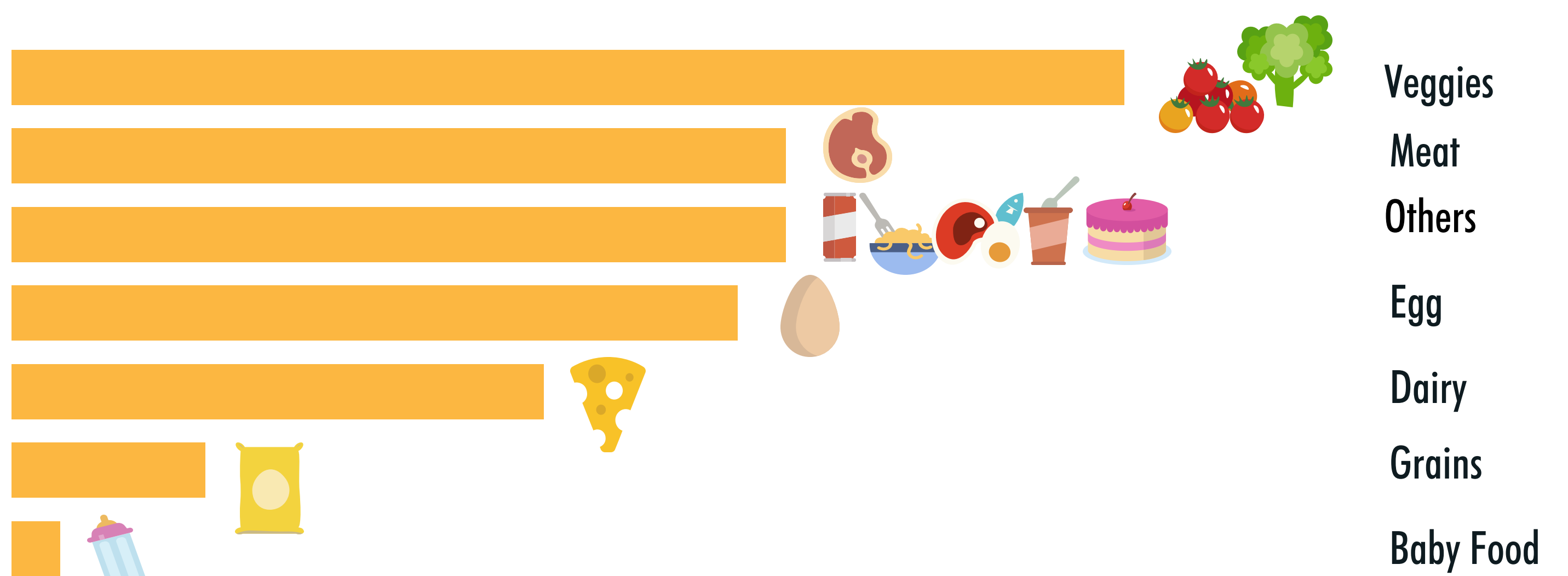


Perishable Food Quantity



What kinds of food do people want more of?

Data out of 76 survey participants. Other foods include cake, canned fruit, instant noodle, pasta, high protein foods and eggs.



Take Home Message:

Overall, most participants are **satisfied** with both **quantity** and **quality** of perishable foods they received. However, they would want to see:

1. More **fresh food (meat, egg, veggies)**; More **Asian/Turkish foods** to meet clients' cultural needs.
2. Fewer **high sugar and fat foods**, such as canned products.

Reference
 Census profile (2016). Statistics Canada. Retrieved from: <https://www12.statcan.gc.ca/census-recensement/2016/dp-pd/prof/details/page.cfm?Lang=E&Geo1=CSD&Code1=5915015&Geo2=PR&Code2=59&Data=Count&SearchText=Vancouver&SearchType=Begin&SearchPR=01&B1=All>
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