



HERBS, ANYONE?

– A Garden For All –



THE Issue

Vandalism, Including Theft and Misuse
+
Lack of Interaction With the Gardens
=
Invisible Gardens

Gordon Neighborhood House

A community service organization that aims to improve the West End neighborhood through voluntary activity

Herb gardens fit into GNH's goals as an implementation of an innovative and a potential to be an effective program/service



Map of Herb Gardens GORDON Neighbourhood House

THE Objective

Our objective is to increase awareness, interactions and respect for herb gardens in the West End community

OUR Approach



Improved Signage

31

People Interviewed Community



Shared Tea and Herbs

"I shut up and listen to them"

– Ernesto Siroti (2012)

GORDON Neighbourhood House Community Herb Garden

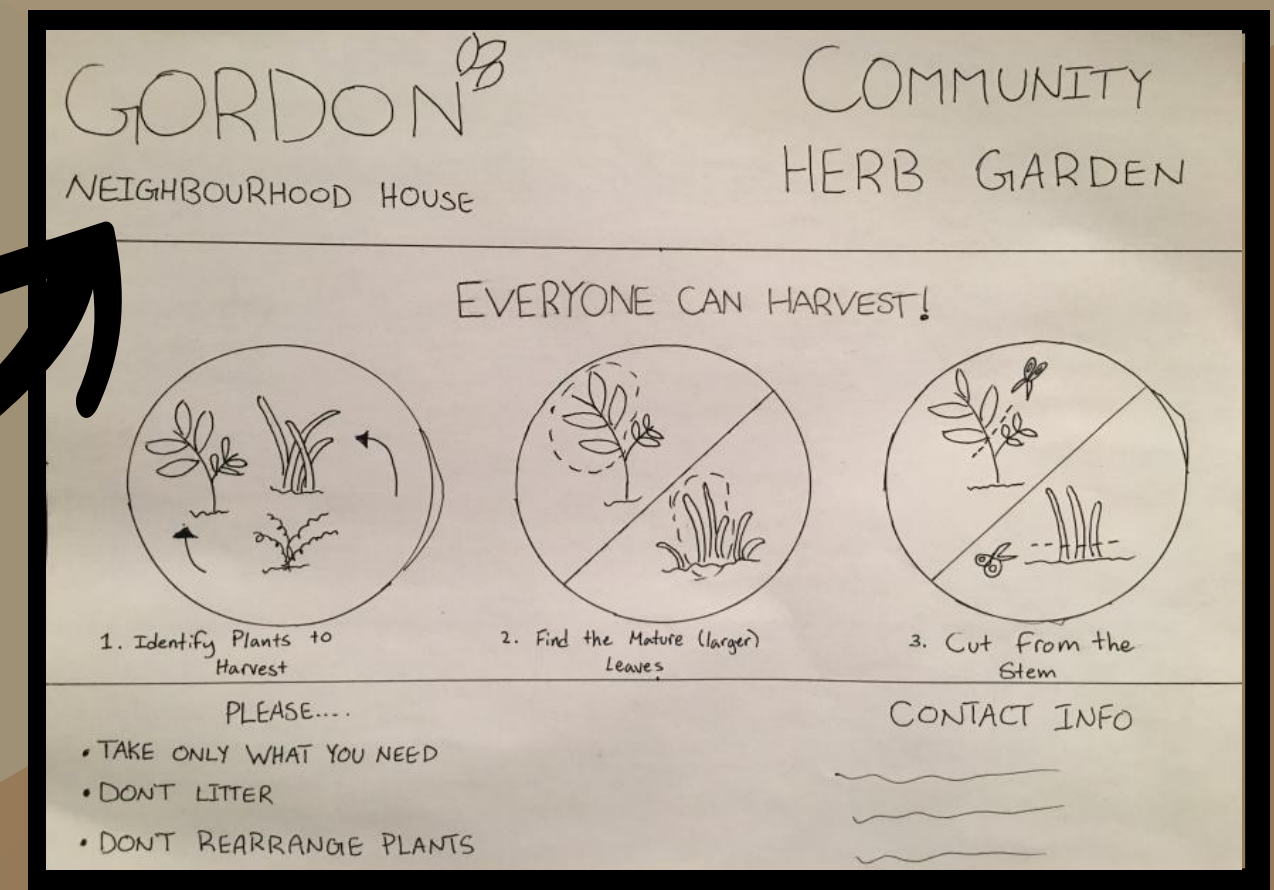
Hello! These herbs are for everyone to share and enjoy.

- Please harvest what you need, and leave the rest for others.
- Don't be a plant thief or litterbug (plants don't like cigarette butts)
- Please don't plant or rearrange plants without permission. We have volunteers who lovingly care for this box. Thank you!

To get involved, contact Gordon Neighbourhood House
604-683-2554 | welcme@gordonhouse.org | www.gordonhouse.org
Together We Grow.

We acknowledge that Gordon Neighbourhood House is located on the unceded, occupied, ancestral and traditional lands of the xwmalweyem (Musqueam), Skwxw7mesh (Squamish) and Salilwata/Selilwuth (Tsleil-Waututh) Nations.

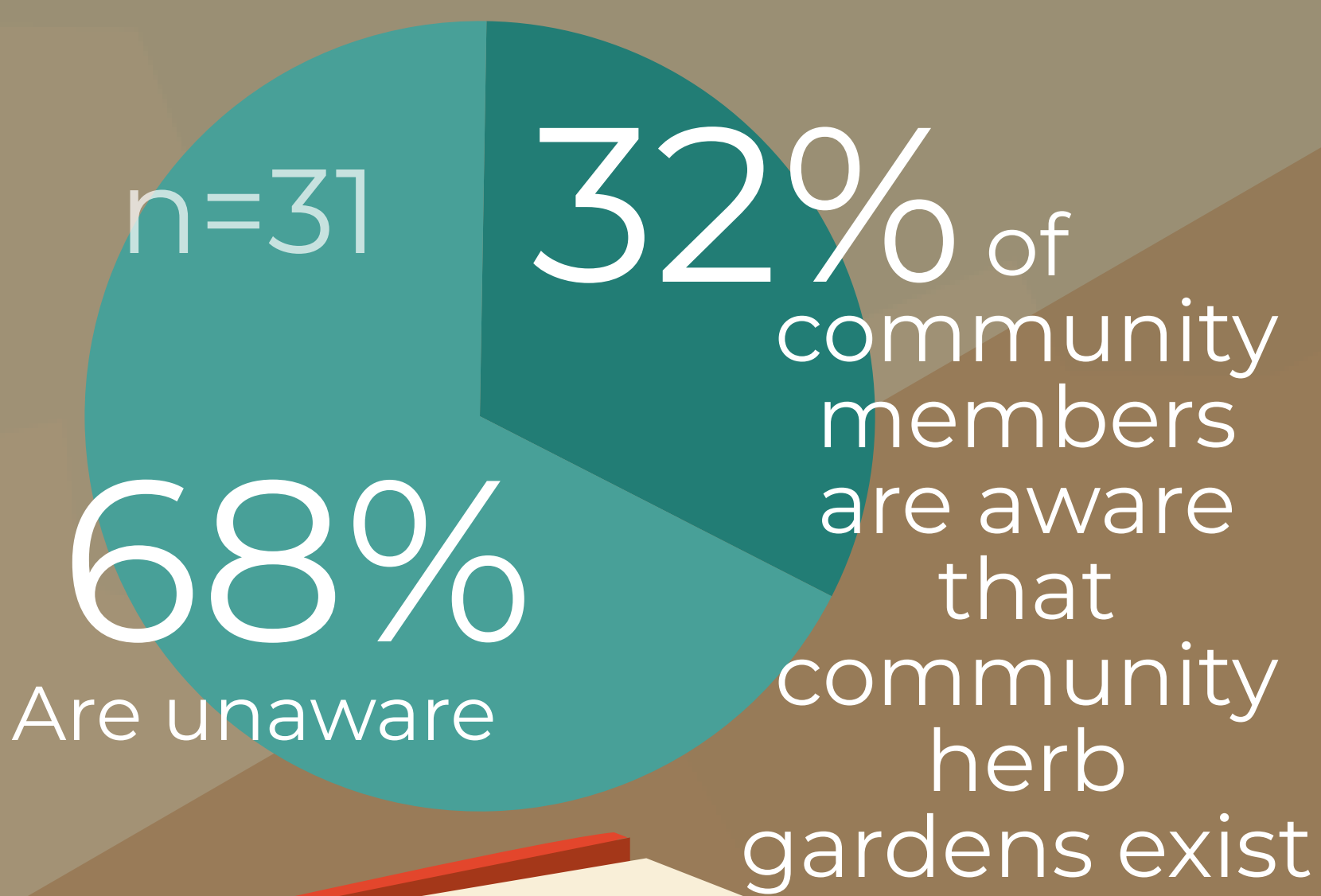
Before



After

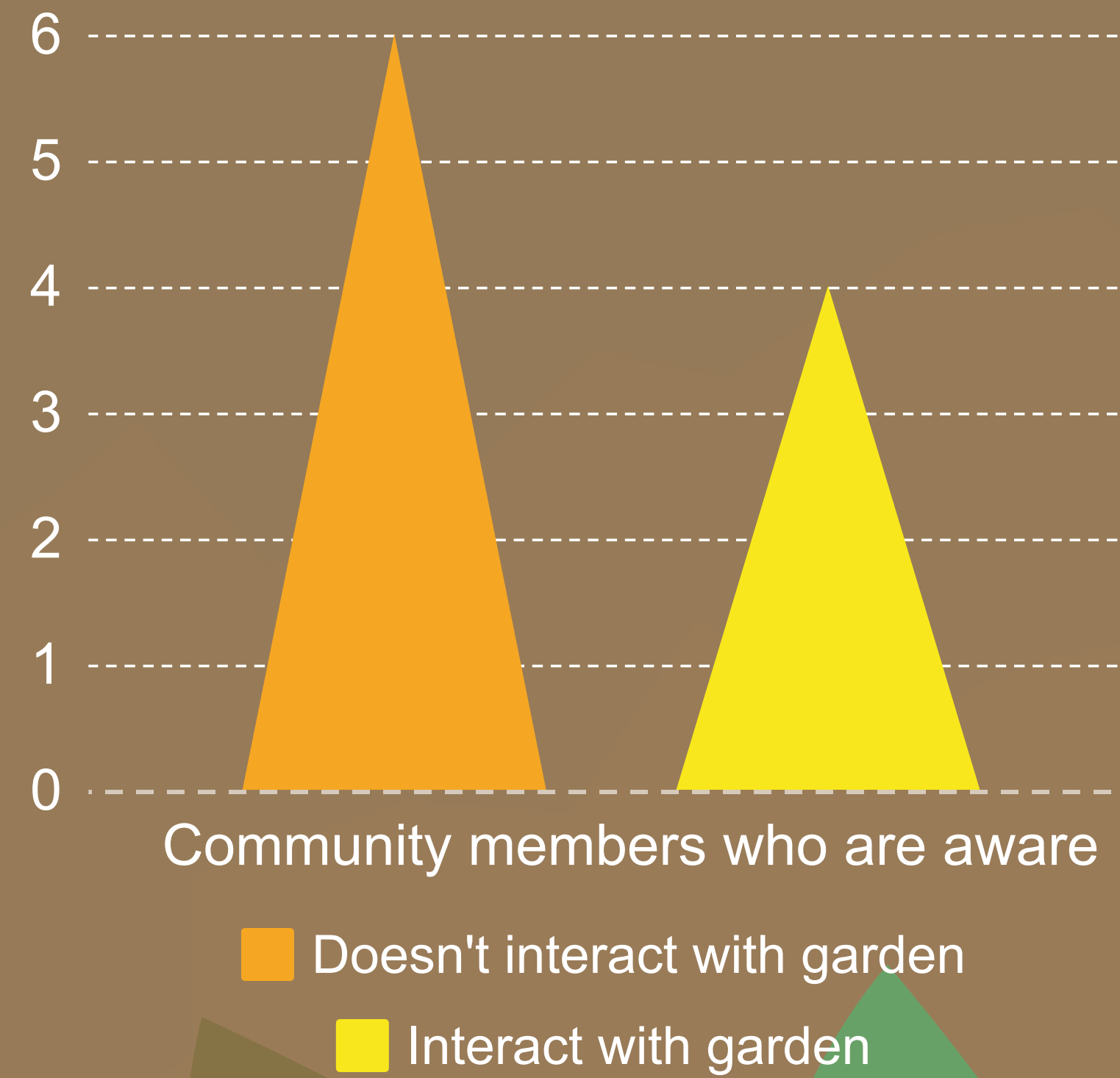
The new sign consists of: Visuals indicating how to harvest, Variety of herbs, Less wordy, Eye catching

OUR Findings



"I have always wanted to grow mint, but my apartment is too shady. These herb gardens are just what I need"

"Dust from the road sometimes covers the herbs. It makes me not want to harvest."



OUR Take Home Message

- The residents in the West End community are not fully utilizing the resources available
- The location of some boxes are found to be stationed in areas where foot traffic was minimal
- Current signs placed on herb boxes do not indicate how to properly gather herbs

"Food literacy, the capability to make proper decisions that benefits personal health, personal well-being and the food system"

–Tracy Cullen et al (2015)

Grow With the Community



OUR References

Siroti, E. (2012, November 26). Want to help someone? Shut up and listen! [Video file]. Retrieved from <https://www.youtube.com/watch?v=chXsLtHqfdM>
Cullen, T., Hatch, J., Martin, W., Higgins, J. W., & Sheppard, R. (2015). Food literacy: Definition and framework for action. Canadian Journal of Dietetic Practice and Research: A Publication of Dietitians of Canada = Revue Canadienne De La Pratique Et De La Recherche En diététique : Une Publication Des Diététistes Du Canada, 76(3), 140-6. doi:10.3148/cjdp-2015-010

See how it all unfolds



<http://blogs.ubc.ca/herbsgarden/>



THE UNIVERSITY OF BRITISH COLUMBIA