



URBAN FARMING



INITIATIVES IN THE WEST END

Gordon Neighbourhood House (GNH)



Community food hub based in the West End

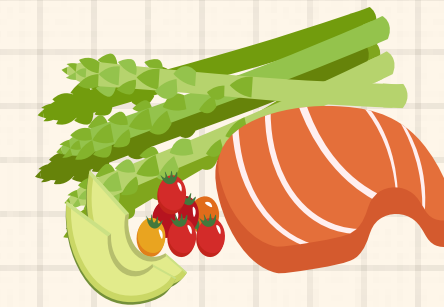
"...uses food to nourish our community [through] intercultural exchange, community capacity-building, and community development [1]"

Multiple food initiatives: Urban farming, community lunches, food markets, and more!

Why Urban Farming?



Increase access to fresh fruits and vegetables in cities



Promote food literacy by reconnecting people with their food [2]



Develop social networks within the community [3]

Our Question

What are the impacts of the GNH urban farming program in the West End?

Our Approach



Observed participants in the GNH urban farming program



Interviewed and surveyed (n=9) volunteers and stakeholders

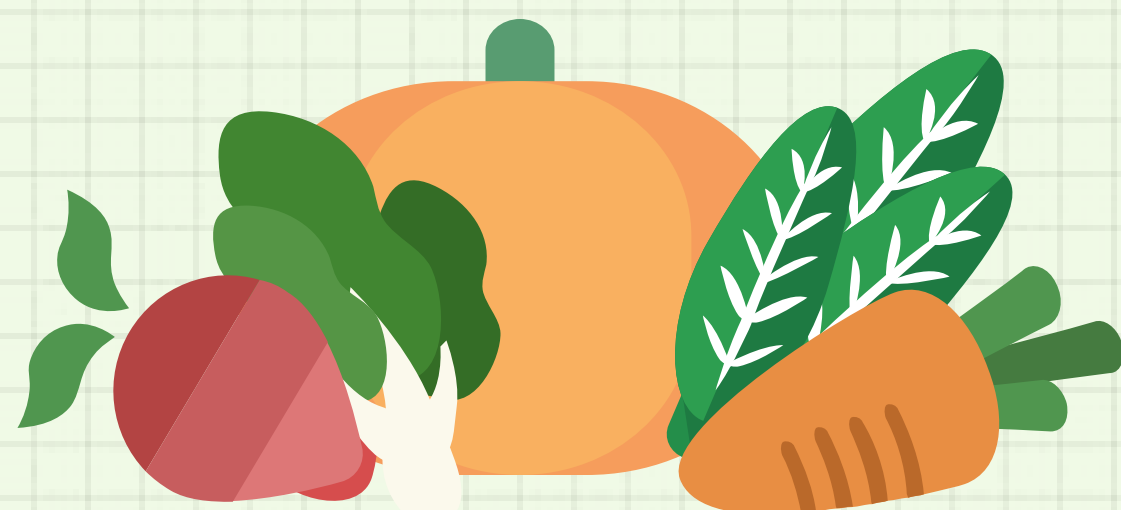


Consolidated and compiled yield data

Our Findings

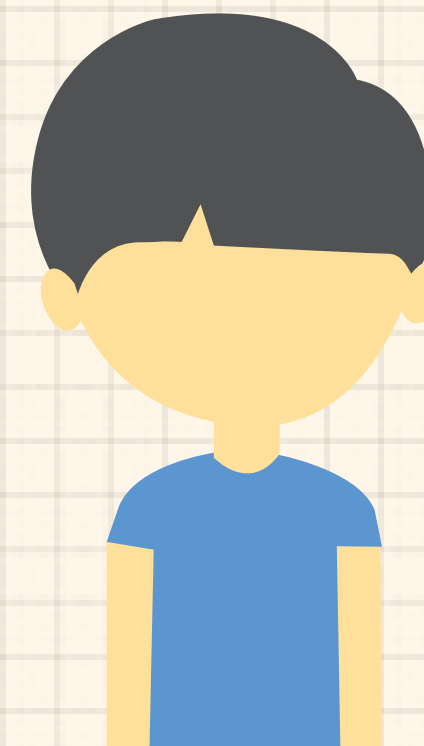
100%

of respondents were confident in growing their own food in the future

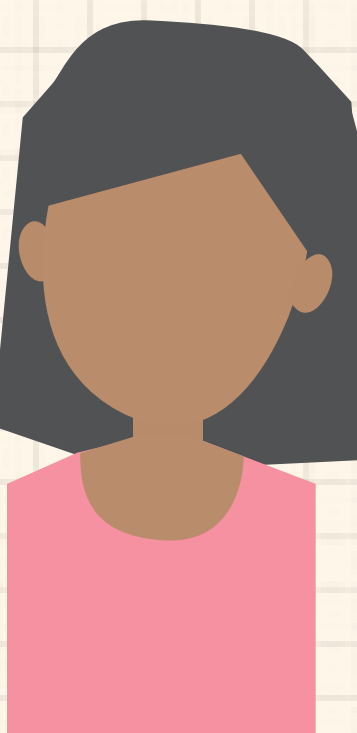


277 lbs of produce harvested in 2017 that went to community lunches and mobile produce market

Interview Responses



"...promotes physical activity and socialization with other members."

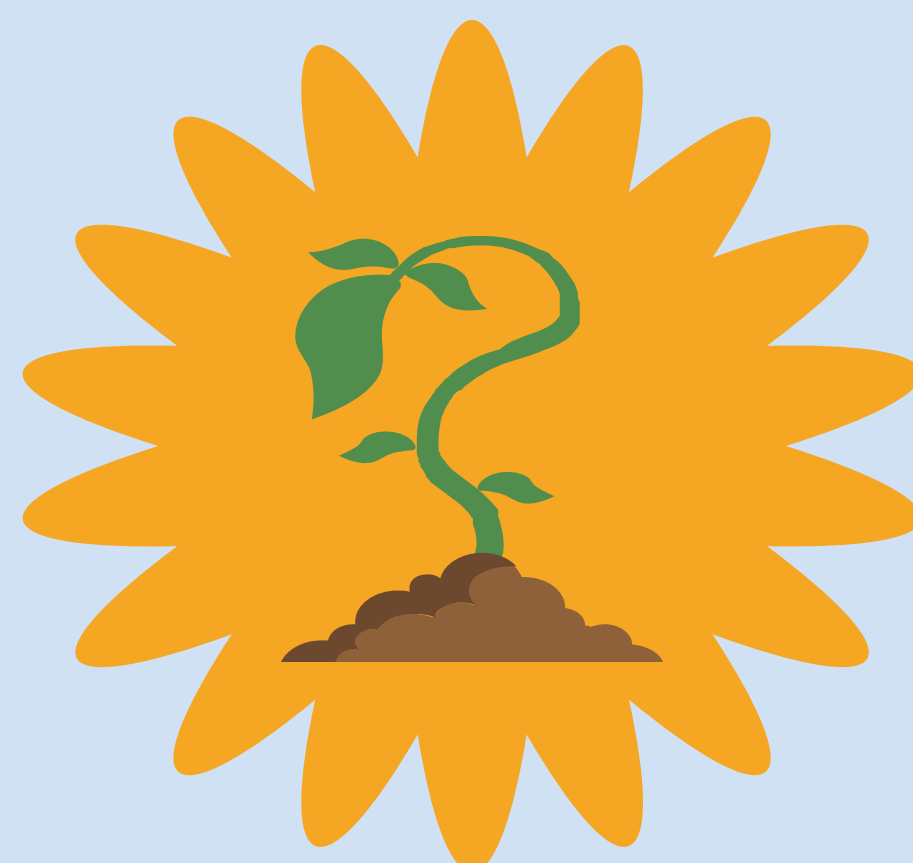


"I started to include more fresh herbs in my meals."

Take Home Message



Other organizations should consider adopting the strategies used by GNH



GNH Urban Farming brings benefits to the community



Local government should support Urban Farming programs

1. Gordon Neighbourhood House (GNH). (n.d.a). Food Philosophy. Retrieved November 27th, 2017 from <http://gordonhouse.org/about-gordon-neighbourhood-house/right-to-food/>
2. Nowak, A.J., Kolouch, G., Schneyer, L. & Roberts, K. H. (20012). Building food literacy and positive relationships with healthy food in children through school gardens. *Childhood Obesity (Print)*, 8(4), 392.
3. Mok, H., Williamson, V. G., Grove, J. R., Burry, K., Barker, S. F., & Hamilton, A. J. (2014). Strawberry fields forever? Urban agriculture in developed countries: A review. *Agronomy for Sustainable Development*, 34(1), 21-43.