What SENIORS think about FOOD RESILIENCE in Vancouver, BC

For your information...

In 2016, Vancouver was selected to join **100 Resilient Cities** global network (1)

This is a **$164 million effort** to help cities around the world become **more resilient** to social, economic, and physical challenges of the 21st century (1)

Now, The University of British Columbia in partnership with The City of Vancouver is focused on improving the resilience of **Vancouver's food system** (2)

UBC + CITY OF VANCOUVER + POWERED BY THE ROCKEFELLER FOUNDATION 100 RESILIENT CITIES
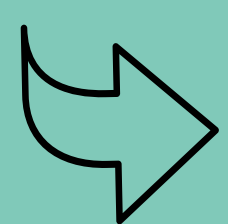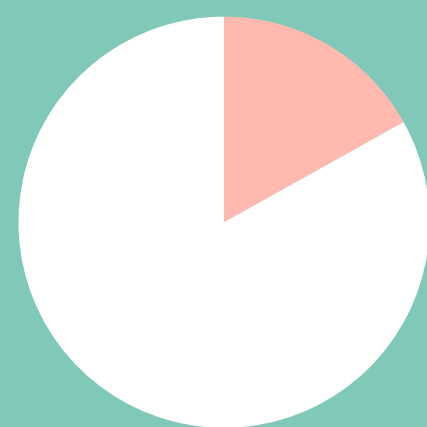
The ISSUE:

The City of Vancouver lies in the Cascadia **subduction zone** which is predicted to generate a **category 9 earthquake** in the next 50 years (3).

As of 2016 seniors represent **16.9%** of Canada's population

Projected to represent 23%-25% of the population by 2036 (5)

Older people have been found to experience **disproportionate levels of suffering**, relative to the rest of the population during times of disaster (4).

The OBJECTIVE: identify disaster RESILIENCE CRITERIA & develop survey using relevant RESILIENCE INDICATORS for seniors

A food perspective in resilience planning prioritizes the **RIGHT STRATEGIES** to ensure the food system returns to normal as **quickly** as possible (6).

Communication
- Preferred communication methods
- Past communication methods
- Feeling informed
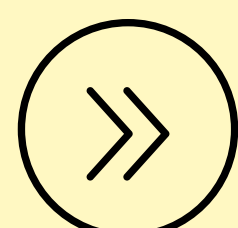- Knowledge and relevance of government recommendations

Food Access
- Physical disability
- Where they currently get their food
- How they currently get their food
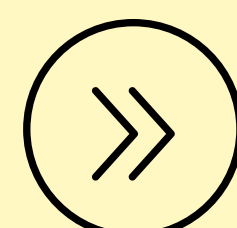
Ability to Recover
- Financial stability
- Disaster insurance
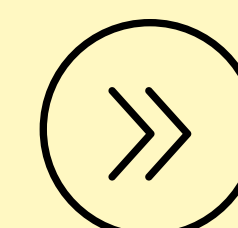- Social Support
- Emergency Plan

Our APPROACH:

Literature Review » Survey Design » Pilot Survey » Survey Adjustment

What We FOUND:

SIX SENIOR PARTICIPANTS...

- **Were eager to participate**
- **In favour of institutional disaster support for seniors**
- **Provided recommendations to strengthen survey:**
  - to lessen confusion, suggested changing questions using 'do not agree - strongly agree' scale to a '1-5' agreement scale
  - suggested more specificity in question asking if they would feel confident "volunteering during a disaster"

"Everyone, **including the most vulnerable such as older people,** should be given the opportunity to **voice their needs, capacities, and experience of disaster** and for this to be **recognized, recorded, and utilized** to develop risk reduction actions." (7)

The Next STEP:

The City of Vancouver should create a strategy to **campaign and target the most vulnerable.** Using this survey is one step in that direction.

For more info please visit:
https://blogs.ubc.ca/covpublicperceptions/

For Reference:
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