

## Addressing Food Insecurity in Vancouver

A collaboration between LFS 350 students, Vancouver Coastal Health and community partners

What you should know about food insecurity:



1 in 9 households experience food insecurity in BC (1) हिंदी 한국어
español
pycский
漢語
Tagalog

There is increased difficulty in locating resources due to language barriers



Households led by single mothers with highest rate of food insecurity (1)



Poverty a major factor affecting food insecurity (2)

It matters because food insecurity...



Increases risk to chronic health diseases and impacts social and mental wellbeing (1)



May lead to compromised nutritional status (3)



Is also an issue of equality (3)



Can be better addressed if policy makers are informed

# The Vancouver Food Asset Map

Helps address food insecurity by connecting individuals to resources We work under the category of free and subsidized groceries

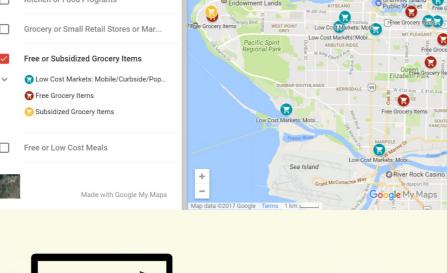
## Methods







Feedback for improvements





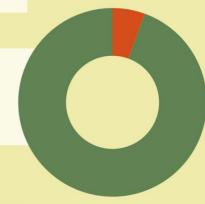


## Results



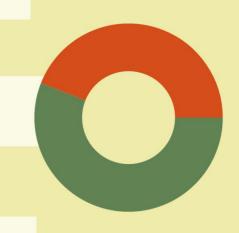
77% of existing food assets are updated with current infromation

3 new assets have been added, totaling to 54 food assets



77% surveyed did not know how to find food assets in their communities

46% report they will use the map in the future



All find the map easy to use

## Take Home Message

We would like to see the map continue to be updated, expanded, advertised, and see it used by our community partners and the public

### **Acknowledgements**

We would like to thank Will Valley (course instructor), Fransisco Gomez (TA), our VCH supervisor Teya Stephens and all community partners for contributing to this project

### References

- (1) Food Insecurity Policy Research. (2006). Priority health equity indicators for British Columbia: Household food insecurity indicator report. Retrieved March 19, 2017, from http://proof.utoronto.ca/resources/proof-annual-reports/priority-health-equity-indicators-for-british-columbia-household-food-insecurity-indicator-report/
- (2) Wakefield, S., Fleming, J., Klassen, C., & Skinner, A. (2013). Sweet charity, revisited: Organizational responses to food insecurity in Hamilton and Toronto, Canada. Critical Social Policy, 33(3), 427-450. doi:10.1177/0261018312458487
- (3) Dixon, B. A. (2014). Learning to see food justice. Agriculture and Human Values, 31(2), 175-184. doi:10.1007/s10460-013-9465-3

Project by: Andy So, Benjamin Heo, Crystal Lee, Madina Wahid, Martha Staus, Michelle Wu









