

Food Security on Vancouver's North Shore



The North Shore Table Matters Network connects people with the FOOD ASSETS available in their community in order to foster improved COMMUNITY FOOD SECURITY.

WHAT CAUSES FOOD INSECURITY IN ONE OF CANADA'S WEALTHIEST REGIONS?

large gaps in income suburban environment
 22% lone elderly population with growing poverty rates 26-40% single-parent families
 43% recent immigrants with low incomes 0% ALR and very limited production capacity
 (Vancouver Community Health, 2006)
 (City of North Vancouver, 2015)



FOOD ASSETS: Places where people can grow, prepare, share, buy, receive or learn about food

COMMUNITY FOOD SECURITY: Individuals in a community having access to affordable, safe, culturally appropriate, ecologically responsible and nutritionally adequate food at all times

Mapping Food Assets on the North Shore

PROJECT OBJECTIVE:

Develop a database of relevant, up-to-date information about food assets in the North Shore, to be used in the creation and maintenance of an online food asset map.

METHODS OF DATA COLLECTION:

1. Search category title and location in browser.

foodrecovery, northvan

2. Identify and verify the following information:

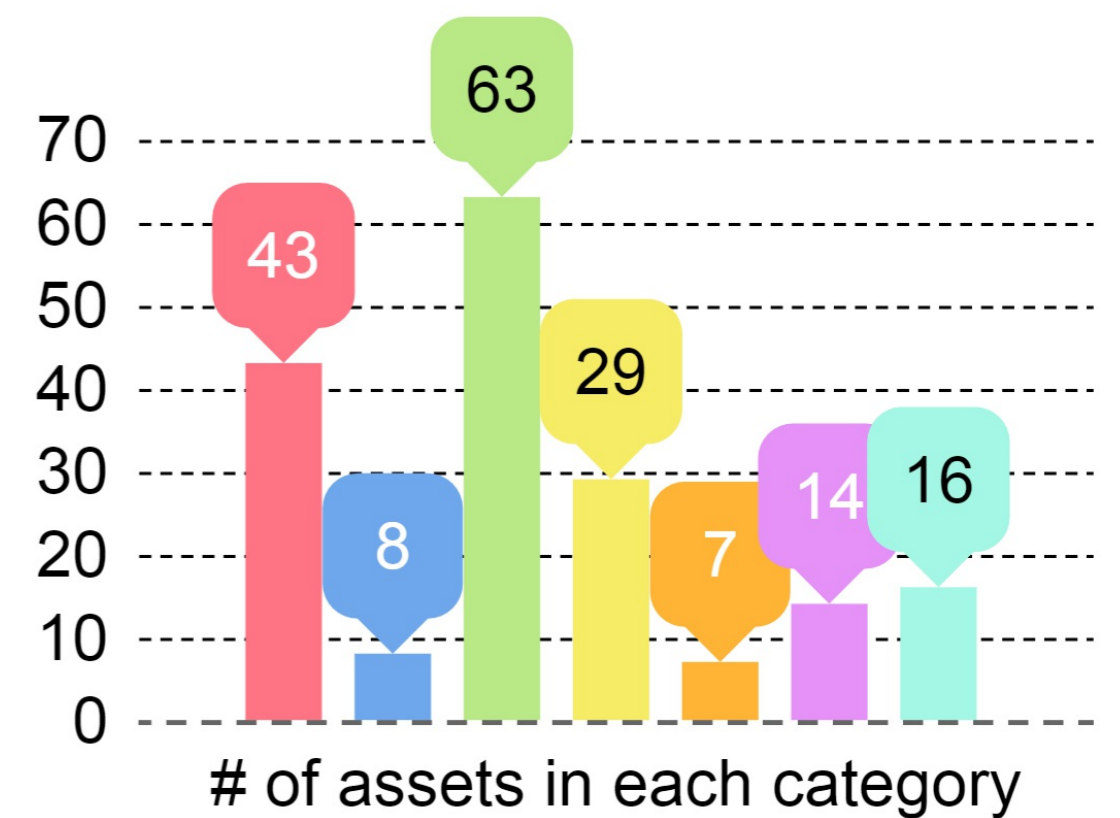
Sub-Category
 Name of Food Asset
 Who is this for?
 Key Information
 Contact Information
 Address

3. Enter data into online spreadsheet database.

RESULTS AND FINDINGS:

LEGEND OF FOOD ASSET CATEGORIES:

- Groceries, Markets, and Retail
- Kitchens and Food Programs
- Community Organizations and Schools
- Free and Low-Cost Meals
- Free and Subsidized Groceries
- Food Growing and Harvesting
- Food Recovery and Composting



THE NORTH SHORE HAS AN ABUNDANCE OF FOOD ASSETS, HOWEVER:

94% of these are located within the District of North Vancouver or the City of North Vancouver. **18%** of these are not available to be contacted by online means (i.e. no website).

REPERCUSSIONS FOR COMMUNITY FOOD SECURITY IN THE NORTH SHORE:

UNEVEN DISTRIBUTION certain neighborhood are better equipped to deal with food insecurity than others, and certain types of resources are more abundant than others.
INADEQUATE ACCESS TO RESOURCES many people still lack the resources they need due to inaccessibility of quality information.

Conclusions & Moving Forward

While the North Shore has many great food assets, the distribution of and accessibility to various types of food assets is still quite limited.

Food asset mapping can help to shape community food planning by visualizing areas of strength and weakness in a community food system.

The results of our mapping project will be implemented into the guiding principles of the North Shore Community Food Charter towards improved accessibility and distribution of food resources across the North Shore.

LEARN MORE ABOUT OUR PROJECT AT:
<https://blogs.ubc.ca/lfs350group23/>

