

Redistributing Leftover Food From Farmers Markets





community food security









in the West End of Vancouver, BC feeding vulnerable populations

reliable transportation

simple process

food safety documentation consistent food supply

TAKE-AWAYS

- farmers are excited to participate
- non-profits serving vulnerable populations have high food safety regulations and requirements

NEXT STEPS

- contact additional farmers and community non-profits
- partner with existing food redistribution programs

[1] Food access refers to access of individuals to adequate resources for aquiring foods for a nutritious diet.

Food and Agriculture Organization of the United Nations (2006). Policy Brief: Food Security. FAO Agriculture and Developement **Economics Division**

[2] Food waste refers to the removal of food fit for consumption from the supply chain by choice, or food that has been left to spoil or expire as a result of negligence.

Galanakis, C.M., Alvarez, C. (2015). Food Waste recovery: Processing technologies and industrial techniques. US Academic Press

[3] Community food security exists when all community residents obtain a safe, culturally acceptable, nutritionally adequate diet through a sustainable food system that maximizes community self-reliance and social justice. Hamm, M.W, Bellows, A.C. (2003). Community food security: background and future directions. J. Nutritional Education and Behaviour, 35(1): 37-43

This project was created through a partnership between the UBC LFS350 teaching team and the Health Initiative for Men, a non-profit that aims to strengthen the health and well-being of gay men, located in the West End of Vancouver, BC. For more information on this project, visit https://blogs.ubc.ca/farmersmarketsforfreemeals/our-project/