

# VEG TO SPARE?

## Redistributing Leftover Food From Farmers Markets



### TAKE-AWAYS

- farmers are excited to participate
- non-profits serving vulnerable populations have high food safety regulations and requirements

### NEXT STEPS

- contact additional farmers and community non-profits
- partner with existing food redistribution programs

[1] Food access refers to access of individuals to adequate resources for acquiring foods for a nutritious diet.  
Food and Agriculture Organization of the United Nations (2006). Policy Brief: Food Security. *FAO Agriculture and Development Economics Division*

[2] Food waste refers to the removal of food fit for consumption from the supply chain by choice, or food that has been left to spoil or expire as a result of negligence.  
Galanakis, C.M., Alvarez, C. (2015). *Food Waste recovery: Processing technologies and industrial techniques. US Academic Press*

[3] Community food security exists when all community residents obtain a safe, culturally acceptable, nutritionally adequate diet through a sustainable food system that maximizes community self-reliance and social justice.  
Hamm, M.W, Bellows, A.C. (2003). Community food security: background and future directions. *J. Nutritional Education and Behaviour*, 35(1): 37-43